



# MARYLAND Department of Health

## Maryland SHIP Health Action Newsletter

February 2, 2018

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### Reminder: Submit Your Application for the Preceptor Tax Credit Program



Image: A physician showing an x-ray to a group of medical students.

#### ***Monday, January 29, 2018***

The Maryland State Office of Rural Health will accept applications for the Maryland Preceptor Tax Credit Program through February 20, 2018. This program is for eligible physicians and nurse practitioners who provide preceptorship without compensation to students enrolled in Maryland medical school or nursing education programs that are recognized by the State Board of Nursing.

To learn more, visit the Office of Rural Health webpage [here](#).

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### Event: B'more Healthy Expo



Image: Older woman receiving a blood pressure screening.

#### ***Saturday, March 3, 2018***

The 9th Annual B'More Healthy Expo is around the corner! The purpose of this event is to connect attendees with community resources to help them reach their health and wellness goals. All activities and exhibits are designed to entertain and empower attendees to take actions and make choices to "B'More Healthy." This expo will feature many health and wellness activities, including:

- Health screenings;
- Fitness workouts;
- Interactive exhibits;

- Cooking lessons; and,
- Financial fitness.

For more event information, click [here](#). If you or your organization are interested in exhibiting at this event, click [here](#). Check out this event's promotional video [here](#).

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### **Event: Ensuring Patient Voice in Quality - An Educational Program**



Image: Illustration of a person talking.

***Thursday, February 15, 2018***

The National Health Council (NHC) is a non-profit organization that works to unite the health community to advocate for people with chronic diseases and disabilities and their family caregivers.

NHC will host a workshop tailored to the needs of patient advocacy organizations. This workshop is designed to train patient advocacy groups so they can educate their patient communities on quality.

For more event information, click [here](#).

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### **Resource: Voices for Healthy Kids Action Center**



Image: Children building salads at a lunch room table.

In 2014, 11.5% of public high school students in Maryland had obesity. Children who grow up with unhealthy weights are at higher risk for health problems in adolescence and adulthood. The Voices for Healthy Kids Action Center focuses efforts to help all children grow up at a healthy weight. The project,

which is part of the American Heart Association, connects advocates across the movement with thousands of supporters in advocacy efforts to implement policies that will help increase the number of children growing up at a healthy weight. This network of people actively works to build momentum to create positive, and effective change for all children.

Access this resource [here](#). Learn more about SHIP measures on healthy living [here](#).

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### **Resource: 2018 National School-Based Health Care Awareness Month**



Image: Small group of students talking.

Every February, the school-based health care community celebrates National School-Based Health Care Awareness Month. This celebration is an opportunity to recognize success and raise awareness about how school-based health centers (SBHCs) revolutionize how students access health care services. This year will focus on how SBHCs are uniquely suited to provide care to the kids and teens whose lives are most affected by the opioid epidemic.

Learn more and join the conversation by clicking [here](#). Find more student health resources in Maryland by visiting the MDH Office of School Health [here](#).

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